

Dermatology Associates of the South Bay
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INFORMATION ON PHYSICIAN ORDERED MEDICAL SKIN CARE FOR TREATMENT OF ACNE

As part of treating active acne your physician has suggested medical skin care to help clear congestion in your skin. Doing this may make your skin look cleared, reduce inflammation, and also allow your physician to better evaluate if your current prescribed acne treatment is right and able to keep your acne under control. You can get these treatments done here in our office by our Medical Aesthetic R.N. or in a many spas by a facialist.

In some instances, medical skin care for acne when ordered by a treating dermatologist and done in a physician's office by a licensed RN may be covered by your insurance as part of acne treatment. BUT EVERY INSURANCE POLICY IS DIFFERENT. Insurance coverage for any procedure is always subject to the coverage terms of each individual's policy, deductibles, coinsurance, meeting medical necessity and coverage is at contracted rates. If you would like us to bill your treatments to insurance as opposed to paying cash, we suggest that you **contact your insurance** prior to starting acne skin care to check your specific Insurance coverage for these procedures. Below is key information they will need to know:

Diagnosis: **Acne Vulgaris- L 70.0 (ICD-10) [☐](#)**

Clinical Procedures: **Acne Surgery/Extractions- 10040**
 Chemical Exfoliation/Peel for Acne- 17360

Despite the names these are not surgical procedures and have no down time, the procedures will be explained to you in detail prior to any treatment. We do have very reasonable cash pricing for these procedures, similar to what you would pay in a spa, but once we bill insurance we are contractually required to bill at the contracted rates for these procedures.

OTHER IMPORTANT THINGS TO KNOW:

- If we are billing the treatment to your insurance, we cannot do the treatment on the same day you see the doctor.
- If the patient is under 18 years old a parent is needed at the appointment to provide informed consent.
- We cannot do these treatments on sunburned skin or if you have a cold sore.
- **Please HOLD your retinoid product (Retin-A, Retin-A Micro, Tretinoin, , Tazorac, Tretinex, Atralin, Tazorotene ,Epiduo, Adapalene, Differin) for 4 nights before treatment. Do not stop any other prescribed medications or washes.**
- Please call our office if you are not sure if you are on a topical retinoid product and what it is.
- Please allow 60 minutes for your treatment. Do not schedule strenuous exercise where you will perspire/sweat or plan to be out in the sun for the balance of the day of treatment.
- We will schedule you a consultation prior to starting treatment to get more detailed information.